



Alessia Mezzalira

Multilingual Psychologist

Privacy Statement

Psychology Practice Alessia Mezzalira – Multilingual Psychologist, located at Torenallee 20, 5617 BC Eindhoven, values your privacy and is committed to protecting your personal data. This privacy statement explains how Psychologenpraktijk Alessia Mezzalira processes personal data in accordance with the General Data Protection Regulation (GDPR).

1. Scope

This privacy statement applies to the following categories of individuals whose data I process:

- (Potential) clients
 - Visitors to my website
 - Individuals who contact my practice
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2. Processing of personal data

I process personal data that:

- You provide yourself (via email, phone, contact form, or during sessions)
- May be shared by third parties with your consent (e.g. referring professionals or your GP)

This may include: your name, contact details, date of birth, background information, mental health data, and other relevant information required for guidance.

3. Purposes of processing

Your data is processed for the following purposes:

- To provide psychological support and therapy
 - For communication and administration
 - To schedule appointments
 - To comply with fiscal obligations (e.g. invoicing)
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4. Legal basis for processing

I process personal data based on:

- Your explicit consent
 - The necessity of entering into and fulfilling a treatment agreement
 - Legal obligations (e.g. tax regulations)
 - Legitimate interests (such as improving services)
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5. Sharing data with third parties

Your data will not be shared with third parties without your permission, unless this is legally required or necessary for the delivery of services (e.g. with my accountant). Your data is not shared with other tenants or professionals in the shared practice space.

6. Data transfer outside the EEA

I do not transfer personal data outside the European Economic Area (EEA) unless strictly necessary. If this occurs, I will ensure appropriate safeguards are in place.

7. Retention periods

Alessia Mezzalira – Multilingual Psychologist retains personal data only for as long as necessary and in accordance with legal retention requirements.

- Medical data, including session notes, are kept for at least 20 years after the end of the treatment, in line with the WGBO (Dutch Medical Treatment Agreement Act).
- (Financial) administrative data, such as invoices, are retained for 7 years, as required by the Dutch Tax Authority.

8. Your rights

You have the right to:

- Access your data
- Correct or delete your data
- Restrict the processing
- Transfer your data
- Withdraw your consent at any time

To exercise your rights, please contact: alessiamezzalira.psy@gmail.com

9. Questions or complaints

If you have any questions or complaints, please contact me. If we cannot resolve the issue together, you may file a complaint with the Dutch Data Protection Authority (Autoriteit Persoonsgegevens): www.autoriteitpersoonsgegevens.nl

10. Practice details

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